

Caldas das Taipas benefits from the existence of thermal water as a natural resource. Its use dates back to the beginning of our era, when the Romans passed through the region. The exploration of this resource in the beginning of the 19th century (in 1818 the construction of the first thermal spa began).

Nowadays, the Thermal Spa of Caldas das Taipas is equipped with the best infrastructures, in a completely renovated building that intends to continue the legacy associated with thermal water, through the new techniques linked to Therapeutic Thermalism and the Thermal SPA.

VISIT US!

Associated hotels

Hotel das Taipas***

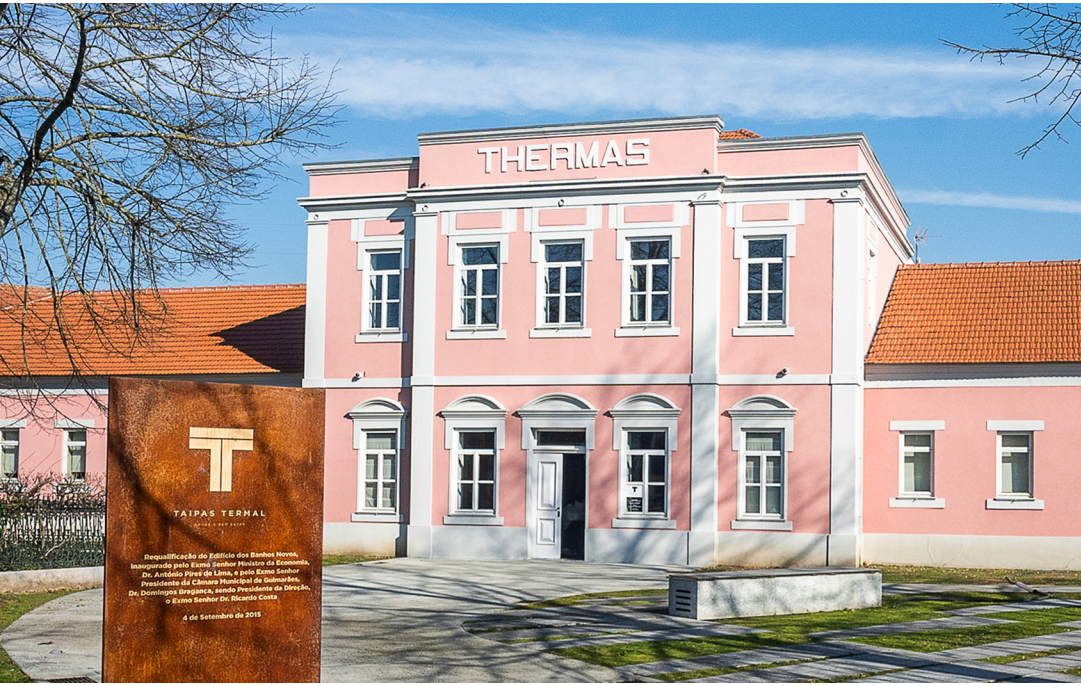
www.hoteldastaiipas.com
Location: next to the spa

Hotel da Oliveira****

www.hoteldaooliveira.com
Location: Guimarães historical center

Santiago31 Hostel

santiago-31-hostel-pt.book.direct
Location: Guimarães historical center



TAIPAS TERMAL
GUIMARÃES

T H E R A P E U T I C T H E R M A L I S M
T H E R M A L S P A

H E A L T H & W E L L N E S S

Taipas Turitermas C.L.P.R.L.
Largo das Termas (5km do centro de Guimarães)
4805-079 Caldas das Taipas
Guimarães/Portugal

T + 351 253 577 898 | +351 253 845
GPS 41.4878051,-8.3428584,48m
geral@taipastermal.com | info@taipastermal.com
www.taipastermal.com



DISCOVER THE BENEFITS OF THERMAL WATER FOR YOUR HEALTH AND WELLNESS

THERAPEUTIC THERMALISM

Thermalism is a natural therapy that complements other medical therapies. It is in chronic diseases such as rheumatism, respiratory and skin diseases that thermalism emerges as a particularly effective clinical practice for your health and well-being.

We highlight the most appropriate treatment techniques such as the hydromassage bath and air bubble bath, the nozzle and vichy shower, the column steam, irrigation, spraying and misting, aerosols and thermal mud applications.



THERMAL SPA

Our Thermal Spa is the best choice for relaxing and restoring energy. We have a wide range of programs for the body that you can enjoy in a totally renovated environment.

We highlight the programs with thermal water, such as the Vichy Shower, the new thermal circuit (sauna, Turkish bath and thermal pool), or the new massage techniques applied by a team of experienced and qualified SPA techniques. We also highlight the massage of hot stones and hot candles.



SCAN ME



SCAN ME